

# MY ROUTINE

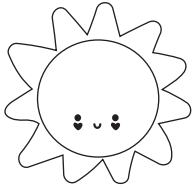
time

activity


time

activity


# ACTIVITY IDEAS



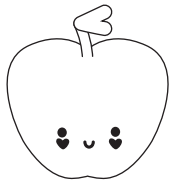
exercise



draw/  
paint



clean  
my room



breakfast



lunch



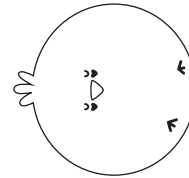
dinner



snack



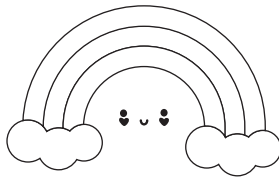
snack



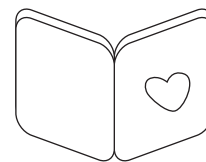
sleep



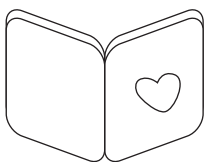
shower  
& get ready



play



school  
work



school  
work



play



family  
time